



Spring Schedules '10

Health & Wellness...

Monday, March 22nd

no cancellations

Tuesday, March 23rd

Cancel 4:15pm Abs/Back
4:30pm Turbo Kick
4:30pm Pilates

Wednesday, March 24th

Cancel 6:40pm Nia

Thursday, March 25th

Cancel 4:15pm Abs/Back
4:30pm Turbo Kick
4:30pm Pilates

Friday, March 26th

Cancel 4:15 Abs/Back
4:30 Body Sculpt

Saturday, March 27th

no cancellations

Sunday, March 28th

no cancellations

Child Development...

- Spring Break Camp
Mon.3/22- Fri. 3/26.
Registration required.

Upcoming Classes/ Events...

- Wayne Westling Memorial Tennis Tournament. March 19-22 at the Tennis Center. Register now!
- New Spring Schedules start on Monday, March 29
- Next session of tennis runs April 5th - 30
- Next session of swim lessons runs March 29 - April 22
- Healthy Kids Day Friday, April 16th
- Summer Camp Sign up starts April 22

Aquatics...

Monday 3/22- Friday 3/26

Extra Rec. Swim...

Lap Pool:	1:30 - 4:00pm
1/2 Rec.1/2 Lap	4:00 - 5:30pm
Instructional Pool:	1:30 - 4:00pm
	5:00 - 8:45pm
Extra Lap Swim...	5:30 - 7:00pm

Programs that aren't happening...

- Swim Club
- Water Polo
- Group Swim Lessons

Tennis...

EETA Spring break Camp...

All ages all levels (4 years to Adult)
Tue, Wed, Thurs 3:00 - 5:15
\$10.00 day or \$25.00 for all three
Sign-up early as space is limited

Extra Programs...

March 19-22

Wayne Westling Tournament Register now!

Court availability changes...

M-F Group Tennis Lessons
(Last week of March session is March 29)

All courts are reserved for the Wayne Westling Tournament during the following times:

Fri 3/19	4:00 - 8:00 pm
Sat. 3/20	8:00 am - close
Sun 3/21	11:00 am - 6:00 pm
Mon 3/22	8:00 am - 4:30 pm



EUGENE FAMILY YMCA

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We build strong kids, strong families, strong communities.