

YTENNIS



**Spring
'10**

March 29 -
June 17

We build strong kids, strong families, strong communities.

TIME	M	T	W	TH	F	S	SU
AM 6:00		6:00 - 7:15 Cardio Tennis		6:00 - 7:15 Cardio Tennis			USTA Spring League Matches 9:15 - 4:30
8:30			Senior Mixer 'til 9:45		Senior Mixer 'till 11:00	Women's Mixer 8-10am Men's Mixer 10-12	
PM 12:15		Fun & Fitness 'til 1:30		Fun & Fitness 'til 1:30		USTA Spring League Matches	
2:30	Jr. Lessons	Jr. Lessons	Jr. Lessons	Jr. Lessons		Team Tennis I & II Jr. Drop-In Lessons	Mixed Dbls. Mixer 'til 6:45
3:15							
4:30					4:00 - 5:30 Jr. Coached Match Play Last Friday		
5:30					4.0+ Mixer 'til 8:00	Family Clinic 'til 6:30	
6:45	Fun & Fitness 'til 8	Adult Lessons 6:30 - 7:30	Fun & Fitness 'til 8	Adult Lessons 6:30 - 7:30		Competition 'til 8	Family Fun & Fitness 'til 8
8:00	Competition 'til 10	Competition 'till 10	Match Makers Mixer 'til 10	Competition 'til 10			

Drop-Ins...

Cardio Tennis: Get fit, have fun, energize your morning! This circuit style cardio class will get you moving with dynamic warm-ups, strength training and agility drills. Then, you will hit a lot of balls, cool down and stretch. You're ready for your day. All Y members welcome.

Competition: A four court rotation game that will challenge all levels.

Family Fun and Fitness: Designed for the Beginner and Adv. Beginner. Players will hit lots of balls using drills and games. All levels, ages 4 and up welcome. All YMCA members welcome

Family Clinic: Adults and Juniors are invited to attend a family friendly lesson. All levels, ages 4 & up. *There is a fee for this drop-in.*

Fun and Fitness: You'll get a great workout in a fun, social setting. There will be a whole lot of moving, hitting, competition and of course, fun. Designed for the intermediate and advanced level player. All YMCA members welcome.

Jr. Coached Match Play: Last Friday of each month. \$5 for members, youth drop-in fee for potential members. Pizza included.

Mixers...

Mixers are designed to give players a doubles experience with a variety of partners. Pro's will be on hand to mix players every half hour, to keep it fun.

Women's Morning Mixer: Women's doubles, hosted by one of our Tennis Pros.

Match Makers: Our host will play match maker and every 25 min. you'll have a new partner and a great new match.

Men's Morning Mixer: Men's doubles, hosted by one of our Tennis Pros.

Mixed Doubles Mixer: Bring your doubles partner with you or our host will pair you up with someone to play mixed doubles.

Senior Mixer: Senior players are invited to come play doubles. Our staff members will mix partners throughout the morning.

4.0 + Mixer: This drop-in is an open play, designed for our highest level players.

Reminders...

- Membership cards must be presented for participation.
- Please remember your donation of one can of new Tennis balls/mo.

shaded These classes welcome 4 year old + w/ their family.

shaded These classes are on our lesson flyer.

Lessons and Clinics... Please see lesson flyer

Fees... **Members** **Y Mem.** **Potential Mem.**

Day/Class Pass

Youth/ Sr N/A \$2 \$7 .

Adult N/A \$5 \$9

Drop -in Group Lessons/ class (if space allows)

Youth/Adult./Sr. \$15 \$15 \$15

Multi-pass (10 passes)

Youth/Sr. n/a n/a \$63

Adult n/a n/a \$81

Family Clinic

Individual \$8 \$8 \$10

Family \$15 \$15 \$20

Ball Machine \$7 \$7+ Day pass \$7+Daypass

Drop-in for Group Lesson (If space allows)

\$15 \$15 \$25

DVD of Lesson or Match \$10.

Talk to your pro or office staff to set it up.

EUGENE FAMILY YMCA

2055 Patterson

683.3410 or 686.9622

www.eugeneymca.org

We build strong kids, strong families, strong communities.

Getting Started...

Playing tennis has never been easier. Enjoy Family Lessons, free drop-ins adult and junior programs, leagues and of course, court time to play singles and doubles. Your Eugene Family YMCA offers lots opportunities to enjoy the game of tennis. By adding tennis to your basic membership, you'll have access to the YMCA Tennis Center. We have...

- 4 indoor courts.
- Ball machine for a nominal fee.
- Tennis Center Newsletter (make sure we have your email address, so you get the newsletters and updates.)
- Free drop - ins and socials.
- Discounts on lessons.

Guidelines...

- Only YMCA-employed tennis professionals are allowed to teach on YMCA courts. No other person may provide tennis instruction, regardless of whether compensation is exchanged, on premises. The only exception of this rule is for parents who are providing basic instruction to their children.
- Clean court shoes only are permitted on the tennis courts. Absolutely no street shoes or shoes that mark the tennis courts will be allowed. Proper attire is required. Shirt and shoes must be worn at all times.
- Please be quiet when entering or waiting by courts.
- When claiming a court, wait until the exiting players have finished a point or rally before entering.
- As a courtesy to players with a reservation following yours, please be ready to exit a court at the end of your time.
- Do not enter adjacent courts (when in use) to retrieve stray balls. Wait until your neighboring players have finished a point, and then ask them to return your ball.
- Racquet abuse or other un-sportsmanlike conduct is prohibited.
- No food or beverages, other than water and sports drinks, allowed on the courts.
- Please pick-up after yourself and do not misuse the facility and/or equipment.
- The YMCA reserves the right to schedule programming (leagues, drop-ins, tournaments, team matches or practices, socials, camps, etc.) or private rentals on all courts. Open play courts may not be available at all times on all days.

Making reservations...

- Members may book courts up to 7 days in advance. (Non-members may reserve courts two days in advance.)
- Reservations are taken starting at 8:30AM each morning. Phone calls will be taken first, then from those standing at the window, then messages left on Tennis Center voice mail. One court per reservation.

We ask members to limit their advanced reservations to the following during a 7 day period.

Families 6 (only 2 Primetimes) Adults 3 (only 2 Primetimes) Youth 3 (Same day reservations only for Primetimes)
Primetime = 12:15pm, 5:30pm and 6:45 pm Monday - Friday

USTA Adult Leagues...

- Teams are available for players at least 19 years of age. Players interested in playing on a team should contact the team captain or a staff member at the Tennis Center. Ask the Tennis Center or check our website for a list of current Team Captains.

Locker Rooms/Restrooms...

The locker rooms are located in the main building. Please check in at the Reception Center and the staff will direct you to the locker rooms. Restrooms are located behind the YMCA Tennis office. Go through the door to court #1, left to back wall and they are on your left.

No Shows and Cancellation Policy...

- It is compulsory to give at least 2 hours notice when canceling a court reservation. (This gives us enough time to notify those on a waiting list.)
- Going to be a little late? Please let the desk staff know and we will hold the court for you. If you are more than 15 minutes and don't call, you could lose the reservation.
- **Members may not reserve back to back courts during prime time.**
- A member calling to reserve a court may only reserve one court during a particular prime-time.

Ball Machine...

We have 2 Playmate ball machines available for \$7 per use, \$50/10 uses or \$100/year

- Please check out extension cord for the machine at the Desk.
- Please clear court of all balls, behind the curtain too!

Ball Donation...

We ask members to donate \$3 or one can of balls, per month, to replenish the ball supply.

Guests...

Each membership gets 3 guest passes as part of the Getting Started package when joining the Y. These may be used to bring guests to play tennis or use the main facility. More guests? Check the Drop in fees on the front.

Tennis Center Hours...

Monday - Thursday 5:30am - 10pm **Friday** 5:30am - 8:00pm **Saturday** 6:00am - 8:00pm **Sunday** 8:00am - 8:00pm